

# [Aetna Ppo Therapy Coverage](#)

## **Aetna PPO Therapy Coverage: A Comprehensive Guide**

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**Summary:** This guide provides a detailed overview of Aetna PPO therapy coverage, explaining what it covers, how to access services, and potential challenges. It outlines best practices for maximizing benefits, clarifies common misunderstandings about coverage, and offers strategies for navigating the system effectively. The guide includes practical tips, examples, and frequently asked questions to ensure readers understand their Aetna PPO therapy benefits fully.

**Keywords:** Aetna PPO therapy coverage, Aetna mental health coverage, PPO therapy benefits, Aetna behavioral health, Aetna insurance therapy, mental health insurance, therapy cost, finding a therapist in network, Aetna claim process, maximizing therapy benefits

### **1. Understanding Your Aetna PPO Therapy Coverage**

Aetna PPO (Preferred Provider Organization) plans offer a flexible approach to accessing mental healthcare. Unlike HMOs, Aetna PPO therapy coverage allows you to see out-of-network providers, although you'll typically pay a higher cost-share. Understanding your specific plan details is crucial. Your Aetna PPO policy document will detail:

**Annual Deductible:** The amount you must pay out-of-pocket before your insurance coverage kicks in.

**Copay:** A fixed amount you pay per therapy session.

**Coinsurance:** The percentage of the cost you are responsible for after meeting your deductible.

**Out-of-Network Costs:** Significantly higher than in-network costs. Expect to pay a much larger percentage of the bill.

**Maximum Out-of-Pocket:** The maximum amount you will pay for covered services in a plan year.

## **2. Finding In-Network Therapists for Aetna PPO Therapy Coverage**

Finding an in-network provider is usually the most cost-effective way to utilize your Aetna PPO therapy coverage. Aetna's website offers a provider search tool, allowing you to filter by specialty, location, and other criteria. Remember to always verify that the therapist is both participating in your specific Aetna PPO plan and accepting new patients.

## **3. Navigating the Authorization Process for Aetna PPO Therapy Coverage**

Some therapy services may require pre-authorization from Aetna. This involves obtaining approval from your insurance company before starting treatment. Failure to secure pre-authorization could lead to denied claims and out-of-pocket expenses. Contact Aetna customer service to confirm if your specific therapy needs require pre-authorization.

## **4. Understanding Covered Services under Aetna PPO Therapy Coverage**

Aetna PPO therapy coverage typically includes various mental health services, such as individual therapy, group therapy, and sometimes medication management if provided by a psychiatrist. However, coverage can vary based on your specific plan. Review your policy carefully to understand which services are covered and any limitations. Some specialized therapies or extended sessions might require additional authorization.

## **5. Submitting Claims for Aetna PPO Therapy Coverage**

After your therapy session, your therapist will typically submit a claim to Aetna on your behalf. However, it's crucial to keep copies of all receipts and documentation. You should also regularly check your Aetna online account to track the status of your claims and ensure accurate payment. If a claim is denied, understand the reason for denial and appeal if necessary.

## **6. Appealing Denied Claims under Aetna PPO Therapy Coverage**

Denial of claims can be frustrating. If Aetna denies a claim, carefully review the reason for the denial. You have the right to appeal the decision. Aetna usually outlines their appeals process in your policy document or on their website. Gathering supporting documentation, like medical records, is

crucial for a successful appeal.

## **7. Best Practices for Maximizing Aetna PPO Therapy Coverage**

Utilize in-network providers: This minimizes out-of-pocket expenses.

Understand your policy thoroughly: Know your deductible, copay, and coinsurance amounts.

Obtain pre-authorization when necessary: Avoid unexpected bills.

Keep detailed records: Maintain copies of receipts, claims, and correspondence with Aetna.

Ask questions: Don't hesitate to contact Aetna customer service for clarification.

Explore mental health resources: Aetna may offer additional resources beyond therapy coverage.

## **8. Common Pitfalls to Avoid with Aetna PPO Therapy Coverage**

Assuming all services are covered: Always verify coverage before receiving services.

Not understanding your policy: Leads to unexpected bills and financial strain.

Failing to get pre-authorization: Can result in denied claims.

Ignoring denied claims: Timely appeals are essential.

Not keeping accurate records: Makes it difficult to track expenses and appeal denials.

## **9. Conclusion**

Navigating Aetna PPO therapy coverage requires careful attention to detail and proactive engagement with your insurance provider. By understanding your policy, utilizing in-network providers whenever possible, and diligently following the claim submission process, you can maximize your benefits and access the mental healthcare you need. Remember, your mental health is crucial, and effective communication with your therapist and insurance provider is key to a positive experience.

## **Frequently Asked Questions (FAQs)**

1. What is the difference between an in-network and out-of-network therapist for Aetna PPO? In-network therapists have a contract with Aetna, resulting in lower out-of-pocket costs for you. Out-of-network therapists do not, leading to higher costs.

2. Does my Aetna PPO cover medication management? It depends on your specific plan. Some plans may cover medication management if provided by a psychiatrist, but not necessarily a therapist.

3. How do I find a therapist who accepts my Aetna PPO plan? Use Aetna's online provider search tool.
4. What if my claim is denied? Review the reason for denial and follow Aetna's appeals process.
5. How long does it take for Aetna to process a claim? Processing times vary, but you should check your online account for updates.
6. Can I change therapists during the year? Yes, but inform Aetna of the change to ensure continued coverage.
7. Does my Aetna PPO cover telehealth therapy? Most Aetna PPO plans cover telehealth therapy, but check your specific plan details.
8. What documentation should I keep? Keep copies of all receipts, claims, correspondence with Aetna, and your therapist's notes.
9. What is the maximum out-of-pocket expense I'll pay for therapy? This is outlined in your policy document; it varies based on the specific plan.

## **Related Articles:**

1. Understanding Your Aetna PPO Deductible for Therapy: This article explains how deductibles work and their impact on your therapy costs.
2. Aetna PPO and Teletherapy: A Complete Guide: This article focuses on accessing therapy through telehealth using your Aetna PPO plan.
3. Navigating Aetna's Pre-Authorization Process for Mental Health Services: A detailed explanation of the pre-authorization process and how to avoid denials.
4. Appealing Denied Aetna PPO Therapy Claims: A Step-by-Step Guide: This provides a practical guide on appealing denied claims and increasing your chances of success.
5. Finding In-Network Therapists for Aetna PPO: Tips and Tricks: Practical tips and strategies for finding the right therapist within your network.
6. Aetna PPO Coverage for Specific Mental Health Conditions: This article focuses on coverage for particular conditions like anxiety, depression, and PTSD.
7. Comparing Aetna PPO and HMO Plans for Mental Health Coverage: A comparative analysis of different Aetna plans and their mental health benefits.
8. Cost-Effective Strategies for Mental Healthcare with Aetna PPO: Tips and tricks to reduce the cost of therapy while using your Aetna PPO plan.
9. Understanding Your Rights as an Aetna PPO Member Regarding Mental Health Care: An article

focusing on your consumer rights and protection under your Aetna PPO plan.

**aetna ppo therapy coverage: Counseling Adults** Nancy K. Schlossberg, Alan D. Entine, 1977

**aetna ppo therapy coverage: Therapy in the Real World** Nancy Boyd-Franklin, Elizabeth N. Cleek, Matt Wofsy, Brian Mundy, 2013-06-03 Helping beginning and experienced therapists cope with the myriad challenges of working in agencies, clinics, hospitals, and private practice, this book distills the leading theories and best practices in the field. The authors provide a clear approach to engaging diverse clients and building rapport; interweaving evidence-based techniques to meet therapeutic goals; and intervening effectively with individuals, families, groups, and larger systems. Practitioners will find tools for addressing the needs of their clients while caring for themselves and avoiding burnout; students will find a clear-headed framework for making use of the variety of approaches available in mental health practice.

**aetna ppo therapy coverage: Perfectionism** Michael Brustein, PsyD, 2013-10-23 When I read this book, I was struck by how perfectionistic traits permeate the lives of many of our patients in ways I had not previously considered. Dr. Brustein has done a great service for the therapist in their treatment of many of the patients they will encounter. His text is very well organized and facilitated being able to compare and contrast different approaches to the treatment of perfectionism. The clinical examples provide clear applications of the research material which is described at the beginning of each chapter. Dr. Brustein clearly has a mastery of not only the dynamics of perfectionism, but various philosophical approaches to understanding and treating patients in general. He's a skilled and masterful therapist. Jacob Kader, PsyD Director of Psychology, Manhattan Psychiatric Center Perfectionism is a prevalent issue that many of those I've treated have struggled with, to the point of serious impairment in daily functioning. This book is an excellent guide for any practitioner working with difficult perfectionist patients. It also provides rich case examples and applied theory that can be a useful tool for teaching purposes at any level. Rick Barnett, PsyD, LADC M.S. Clinical Psychopharmacology President, Vermont Psychological Association Compelling research has recently established the negative effects of perfectionism, yet until now, no serious texts have addressed the management of perfectionist traits as they arise in psychotherapy. This is the first professional volume to provide practical guidance in using psychodynamic and cognitive behavioral therapies to help clients who present maladaptive forms of perfectionism. The book uses an integrated approach to understand the etiology of perfectionism from the perspectives of respected researchers and theorists. It addresses the assessment of adaptive and maladaptive forms of perfectionism, how to manage the defenses and ambivalence displayed by perfectionist clients, and their tendencies toward termination. Case studies will aid psychotherapists in understanding the complex transference and counter-transference issues that often arise with this population. Key Features: Provides practical guidance from an experienced clinician Highlights the importance of addressing perfectionism as an underlying factor in psychopathology Presents a link between specific disorders and perfectionist traits Offers ways to create a positive therapeutic alliance with the resistant perfectionist client

**aetna ppo therapy coverage: Integrated Electrophysical Agents[Formerly Entitled Electrotherapy: Evidence-Based Practice]** Tim Watson, Ethne Nussbaum, 2020-03-28 Electrophysical Modalities (formerly Electrotherapy: Evidence-Based Practice) is back in its 13th edition, continuing to uphold the standard of clinical research and evidence base for which it has become renowned. This popular textbook comprehensively covers the use of electrotherapy in clinical practice and includes the theory which underpins that practice. Over recent years the range of therapeutic agents involved and the scope for their use have greatly increased and the new edition includes and evaluates the latest evidence and most recent developments in this fast-growing field. Tim Watson is joined by co-editor Ethne Nussbaum and both bring years of clinical, research and teaching experience to the new edition, with a host of new contributors, all leaders in their specialty.

**aetna ppo therapy coverage: The Medicare Handbook** , 1988

**aetna ppo therapy coverage: *Photodermatology*** Henry W. Lim, Herbert Honigsmann, John L. M. Hawk, 2007-02-01 Covering the entire array of photodermatological topics necessary to stand at the head of this burgeoning discipline, this source contains expertly written chapters that offer recommendations and guidelines from opinion-forming international authorities. Reviewing the entire range of photodermatoses, as well as the management, treatment, i

**aetna ppo therapy coverage: *Intersections of Multiple Identities*** Miguel E. Gallardo, Brian W. McNeill, 2011-02-11 Over the past two decades, there has been an increase in the need to prepare and train mental health personnel in working with diverse populations. In order to fully understand individuals from different cultures and ethnic backgrounds, practitioners need to begin to examine, conceptualize, and treat individuals according to the multiple ways in which they identify themselves. The purpose of this casebook is to bridge the gap between the current practice of counseling with the newest theories and research on working with diverse clientele. Each chapter is written by leading experts in the field of multicultural counseling and includes a case presentation with a detailed analysis of each session, a discussion of their theoretical orientation and how they have modified it to provide more culturally appropriate treatment, and an explanation of how their own dimensions of diversity and worldviews enhance or potentially impede treatment. This text is a significant contribution to the evolving area of multicultural counseling and will be a valuable resource to mental health practitioners working with diverse populations.

**aetna ppo therapy coverage: *General Ophthalmology*** Daniel Vaughan, Taylor Asbury, 1983

**aetna ppo therapy coverage: *When Your Teen Has an Eating Disorder*** Lauren Muhlheim, 2018-09-01 If your teen has an eating disorder—such as anorexia, bulimia, or binge eating—you may feel helpless, worried, or uncertain about how you can best support them. That’s why you need real, proven-effective strategies you can use right away. Whether used in conjunction with treatment or on its own, this book offers an evidence-based approach you can use now to help your teen make healthy choices and stay well in body and mind. *When Your Teen Has an Eating Disorder* will empower you to help your teen using a unique, family-based treatment (FBT) approach. With this guide, you’ll learn to respectfully and lovingly oversee your teen’s nutritional rehabilitation, which includes helping to normalize eating behaviors, managing meals, expanding food flexibility, teaching independent and intuitive eating habits, and using coping strategies and recovery skills to prevent relapse. In addition to helping parents and caregivers, this book is a wonderful resource for mental health professionals, teachers, counselors, and coaches who work with parents of and teens with eating disorders. It clearly outlines the principles of FBT and the process of involving parents collaboratively in treatment. As a parent, feeding your child is a fundamental act of love—it has been from the start! However, when a child is affected by an eating disorder, parents often lose confidence in performing this basic task. This compassionate guide will help you gain the confidence needed to nurture your teen and help them heal.

**aetna ppo therapy coverage: *Making Eye Health a Population Health Imperative***

National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Public Health Approaches to Reduce Vision Impairment and Promote Eye Health, 2017-01-15 The ability to see deeply affects how human beings perceive and interpret the world around them. For most people, eyesight is part of everyday communication, social activities, educational and professional pursuits, the care of others, and the maintenance of personal health, independence, and mobility. Functioning eyes and vision system can reduce an adult's risk of chronic health conditions, death, falls and injuries, social isolation, depression, and other psychological problems. In children, properly maintained eye and vision health contributes to a child's social development, academic achievement, and better health across the lifespan. The public generally recognizes its reliance on sight and fears its loss, but emphasis on eye and vision health, in general, has not been integrated into daily life to the same extent as other health promotion activities, such as teeth brushing; hand washing; physical and mental exercise; and various injury prevention behaviors. A larger population health approach is needed to engage a wide

range of stakeholders in coordinated efforts that can sustain the scope of behavior change. The shaping of socioeconomic environments can eventually lead to new social norms that promote eye and vision health. Making Eye Health a Population Health Imperative: Vision for Tomorrow proposes a new population-centered framework to guide action and coordination among various, and sometimes competing, stakeholders in pursuit of improved eye and vision health and health equity in the United States. Building on the momentum of previous public health efforts, this report also introduces a model for action that highlights different levels of prevention activities across a range of stakeholders and provides specific examples of how population health strategies can be translated into cohesive areas for action at federal, state, and local levels.

**aetna ppo therapy coverage: Rock to Recovery** Wes Geer, Constance Scharff, 2021-07-07 Tens of thousands of Americans die from substance abuse and suicide each year. Millions more suffer from mental health disorders. Rock to Recovery -- an innovative, therapeutic music program serving more than one hundred addiction treatment and mental health facilities in the USA -- steps into the breach to offer participants help and hope. By writing, playing, and recording music as a group, non-musicians are able to build a community of support, find enthusiasm for treatment, and realize that recovery is possible. Veterans, trauma survivors, and those struggling with substance abuse or mental health issues can recover with connection. This book contains eighteen stories of people who have used Rock to Recovery's music program to live a better life. You too can use music to heal. Music Is the Medicine!

**aetna ppo therapy coverage: Handbook of Visual Perceptual Training** Susanne A. Cunningham, Cora Lee Reagan, 1972-01-01

**aetna ppo therapy coverage: Convergent Strabismus** L.E. Evens, 2012-12-06 When the Board of Directors of the Belgian Ophthalmological Society, in its session of November 26th 1978, asked me to prepare a report on strabismus to be presented at the joint meeting of the Dutch and Belgian Ophthalmological Societies to be held on June 13th 1981, I felt greatly honored but still more overwhelmed by the immensity of the task. I took advantage of the complete liberty given to me by the Board of Directors, first to limit the work to one particular form of strabismus, i.e. the convergent comitant form; second, to seek the help of what I thought to be the best strabologists in the Low Countries; third, to aim not at an encyclopedic treatise but at a practical volume destined to the general ophthalmologist. This volume is thus limited to the various aspects of convergent strabismus, more accurately of comitant convergent strabismus. The omission of the word comitant is purposely made to avoid the difficulties accompanying the explanation of this term and all the intricacies needed to explain that most comitant strabismus are not completely comitant. The choice of this particular form of strabismus seems logical. First of all, it is the most common form of strabismus. On the other hand, most principles concerning examination and treatment can with some modifications be applied to other forms of strabismus.

**aetna ppo therapy coverage: Clinical Manual of Addiction Psychopharmacology, Second Edition** Henry R. Kranzler, M.D., Domenic A. Ciraulo, M.D., Leah R. Zindel, R.Ph., M.A.L.S., 2013-11-06 This new edition of Clinical Manual of Addiction Psychopharmacology offers information on the pharmacology of the major classes of drugs related to addiction and the latest pharmacological treatment of dependence on these drugs. The manual reflects recent research and evidence-based perspectives on the pharmacological actions of drugs of abuse.

**aetna ppo therapy coverage: Drug-Induced Sleep Endoscopy** Nico de Vries, Ottavio Piccin, Olivier M. Vanderveken, 2020-11-11 The definitive resource on the innovative use of DISE for obstructive sleep apnea Obstructive sleep apnea is the most prevalent sleep-related breathing disorder, impacting an estimated 1.36 billion people worldwide. In the past, OSA was almost exclusively treated with Continuous Positive Airway Pressure (CPAP), however, dynamic assessment of upper airway obstruction with Drug-Induced Sleep Endoscopy (DISE) has been instrumental in developing efficacious alternatives. Drug-Induced Sleep Endoscopy: Diagnostic and Therapeutic Applications by Nico de Vries, Ottavio Piccin, Olivier Vanderveken, and Claudio Vicini is the first textbook on DISE written by world-renowned sleep medicine pioneers. Twenty-four chapters feature

contributions from an impressive group of multidisciplinary international experts. Foundational chapters encompass indications, contraindications, informed consent, organization and logistics, patient preparation, and drugs used in DISE. Subsequent chapters focus on treatment outcomes, the role of DISE in therapeutic decision making and upper airway stimulation, pediatric sleep endoscopy, craniofacial syndromes, advanced techniques, and more. Key Highlights Comprehensive video library highlights common and rare DISE findings A full spectrum of sleep disordered breathing and OSA topics, from historic to future perspectives Insightful clinical pearls on preventing errors and managing complications including concentric and epiglottis collapse Discussion of controversial DISE applications including oral appliances and positional and combination therapies This unique book is essential reading for otolaryngology residents, fellows, and surgeons. Clinicians in other specialties involved in sleep medicine will also benefit from this reference, including pulmonologists, neurologists, neurophysiologists, maxillofacial surgeons, and anesthesiologists.

**aetna ppo therapy coverage: The Affordable Care Act** Tamara Thompson, 2014-12-02 The Patient Protection and Affordable Care Act (ACA) was designed to increase health insurance quality and affordability, lower the uninsured rate by expanding insurance coverage, and reduce the costs of healthcare overall. Along with sweeping change came sweeping criticisms and issues. This book explores the pros and cons of the Affordable Care Act, and explains who benefits from the ACA. Readers will learn how the economy is affected by the ACA, and the impact of the ACA rollout.

**aetna ppo therapy coverage: Fixing My Gaze** Susan R. Barry, 2009-05-26 A revelatory account of the brain's capacity for change When neuroscientist Susan Barry was fifty years old, she experienced the sense of immersion in a three dimensional world for the first time. Skyscrapers on street corners appeared to loom out toward her like the bows of giant ships. Tree branches projected upward and outward, enclosing and commanding palpable volumes of space. Leaves created intricate mosaics in 3D. Barry had been cross-eyed and stereoblind since early infancy. After half a century of perceiving her surroundings as flat and compressed, on that day she saw the city of Manhattan in stereo depth for first time in her life. As a neuroscientist, she understood just how extraordinary this transformation was, not only for herself but for the scientific understanding of the human brain. Scientists have long believed that the brain is malleable only during a critical period in early childhood. According to this theory, Barry's brain had organized itself when she was a baby to avoid double vision - and there was no way to rewire it as an adult. But Barry found an optometrist who prescribed a little-known program of vision therapy; after intensive training, Barry was ultimately able to accomplish what other scientists and even she herself had once considered impossible. Dubbed Stereo Sue by renowned neurologist Oliver Sacks, Susan Barry tells her own remarkable journey and celebrates the joyous pleasure of our senses.

**aetna ppo therapy coverage: An American Sickness** Elisabeth Rosenthal, 2017-04-11 A New York Times bestseller/Washington Post Notable Book of 2017/NPR Best Books of 2017/Wall Street Journal Best Books of 2017 This book will serve as the definitive guide to the past and future of health care in America."—Siddhartha Mukherjee, Pulitzer Prize-winning author of The Emperor of All Maladies and The Gene At a moment of drastic political upheaval, An American Sickness is a shocking investigation into our dysfunctional healthcare system - and offers practical solutions to its myriad problems. In these troubled times, perhaps no institution has unraveled more quickly and more completely than American medicine. In only a few decades, the medical system has been overrun by organizations seeking to exploit for profit the trust that vulnerable and sick Americans place in their healthcare. Our politicians have proven themselves either unwilling or incapable of reining in the increasingly outrageous costs faced by patients, and market-based solutions only seem to funnel larger and larger sums of our money into the hands of corporations. Impossibly high insurance premiums and inexplicably large bills have become facts of life; fatalism has set in. Very quickly Americans have been made to accept paying more for less. How did things get so bad so fast? Breaking down this monolithic business into the individual industries—the hospitals, doctors, insurance companies, and drug manufacturers—that together constitute our healthcare system,



Rosenthal exposes the recent evolution of American medicine as never before. How did healthcare, the caring endeavor, become healthcare, the highly profitable industry? Hospital systems, which are managed by business executives, behave like predatory lenders, hounding patients and seizing their homes. Research charities are in bed with big pharmaceutical companies, which surreptitiously profit from the donations made by working people. Patients receive bills in code, from entrepreneurial doctors they never even saw. The system is in tatters, but we can fight back. Dr. Elisabeth Rosenthal doesn't just explain the symptoms, she diagnoses and treats the disease itself. In clear and practical terms, she spells out exactly how to decode medical doublespeak, avoid the pitfalls of the pharmaceuticals racket, and get the care you and your family deserve. She takes you inside the doctor-patient relationship and to hospital C-suites, explaining step-by-step the workings of a system badly lacking transparency. This is about what we can do, as individual patients, both to navigate the maze that is American healthcare and also to demand far-reaching reform. An American Sickness is the frontline defense against a healthcare system that no longer has our well-being at heart.

**aetna ppo therapy coverage: Spinal Cord Medicine** Denise I. Campagnolo, Steven Kirshblum, Mark S. Nash, Robert F. Heary, Peter H. Gorman, 2011-12-07 This comprehensive and practical reference is the perfect resource for the medical specialist treating persons with spinal cord injuries. The book provides detail about all aspects of spinal cord injury and disease. The initial seven chapters present the history, anatomy, imaging, epidemiology, and general acute management of spinal cord injury. The next eleven chapters deal with medical aspects of spinal cord damage, such as pulmonary management and the neurogenic bladder. Chapters on rehabilitation are followed by nine chapters dealing with diseases that cause non-traumatic spinal cord injury. A comprehensive imaging chapter is included with 30 figures which provide the reader with an excellent resource to understand the complex issues of imaging the spine and spinal cord.

**aetna ppo therapy coverage: Important Information about Medicaid** , 1989

**aetna ppo therapy coverage: Behavioral Foundations of Effective Autism Treatment** Erik A. Mayville, James Anton Mulick, 2010-10-01

**aetna ppo therapy coverage: Stereotactic Body Radiation Therapy** Simon S. Lo, Bin S. Teh, Jiade J. Lu, Tracey E. Schefter, 2012-08-28 Stereotactic body radiation therapy (SBRT) has emerged as an important innovative treatment for various primary and metastatic cancers. This book provides a comprehensive and up-to-date account of the physical/technological, biological, and clinical aspects of SBRT. It will serve as a detailed resource for this rapidly developing treatment modality. The organ sites covered include lung, liver, spine, pancreas, prostate, adrenal, head and neck, and female reproductive tract. Retrospective studies and prospective clinical trials on SBRT for various organ sites from around the world are examined, and toxicities and normal tissue constraints are discussed. This book features unique insights from world-renowned experts in SBRT from North America, Asia, and Europe. It will be necessary reading for radiation oncologists, radiation oncology residents and fellows, medical physicists, medical physics residents, medical oncologists, surgical oncologists, and cancer scientists.

**aetna ppo therapy coverage: Reading by the Colors** Helen Irlen, 2005-07-05 This new edition of Reading by the Colors includes significant breakthroughs and new applications for use with the Irlen Method to aid in the treatment of reading disabilities.

**aetna ppo therapy coverage: How to Thrive in Counseling Private Practice** Anthony Centore, Anthony Centore Ph D, 2016-07-25 Are you looking to start, build or grow a counseling private practice? Are you wanting to get off the ground, open your doors, or build a caseload of clients? Are you confused about networking, marketing, licensing, networking, billing or other practice management issues that you never even heard of when you were in grad school? Are you thinking about converting a successful solo practice into a larger group or agency? In this work, Dr. Anthony Centore (Licensed Counselor, Private Practice Consultant for the American Counseling Association, and CEO of Thriveworks) shares road-tested practice building strategies from his direct, extensive, experience growing a successful chain of mental health counseling practices. A must have

resource for anyone getting started, or working to grow, a coaching or counseling practice.

**aetna ppo therapy coverage:** Attention-Deficit/Hyperactivity Disorder in Children and Adolescents Brian P. Daly, Aimee K. Hildenbrand, Shannon G. Litke, Ronald T. Brown, 2023-12-11 State-of-the-art guidance on the effective assessment and treatment of children and adolescents with ADHD New updated edition Provides guidance on multimodal care and diversity issues Includes downloadable handouts This updated new edition of this popular text integrates the latest research and practices to give practitioners concise and readable guidance on the assessment and effective treatment of children and adolescents with attention-deficit/hyperactivity disorder (ADHD). This common childhood condition can have serious consequences for academic, emotional, social, and occupational functioning. When properly identified and diagnosed, however, there are many interventions that have established benefits. This volume is both a compact how to reference, for use by professionals in their daily work, and an ideal educational reference for students. It has a similar structure to other books in the Advances in Psychotherapy series, and informs the reader of all aspects involved in the assessment and management of ADHD. Practitioners will particularly appreciate new information on the best approaches to the ideal sequencing of treatments in multimodal care, and the important diversity considerations. Suggestions for further reading, support groups, and educational organizations are also provided. A companion volume Attention-Deficit/Hyperactivity Disorder (ADHD) in Adults is also available.

**aetna ppo therapy coverage:** Three More Words Ashley Rhodes-Courter, 2015-06-30 In the sequel to the New York Times bestselling memoir *Three Little Words*, Ashley Rhodes-Courter expands on life beyond the foster care system, the joys and heartbreak with a family she's created, and her efforts to make peace with her past. Ashley Rhodes-Courter spent a harrowing nine years of her life in fourteen different foster homes. Her memoir, *Three Little Words*, captivated audiences everywhere and went on to become a New York Times bestseller as well as a movie produced by the team who brought you *Twilight*. Now Ashley reveals the nuances of life after foster care: College and its assorted hijinks, including meeting "the one." Marriage, which began with a beautiful wedding on a boat that was almost hijacked (literally) by some biological family members. Having kids—from fostering children and the heartbreak of watching them return to destructive environments, to the miraculous joy of blending biological and adopted offspring. Whether she's overcoming self-image issues, responding to calls for her to run for Senate, or dealing with continuing drama from her biological family, Ashley Rhodes-Courter never fails to impress or inspire with her authentic voice and uplifting message.

**aetna ppo therapy coverage:** Women and Mental Health Dora Kohen, 2014-02-04 We know that gender traits and mental disorders are based on social, cultural, personal and physiological background. In order to formulate the best management plan for the patient, the mental health practitioner needs to incorporate all available information. *Women and Mental Health* provides a comprehensive overview of the most prominent mental health problems in women today. Examining the physiological, social and psychological factors of mental illness, and providing an up-to-date perspective on the etiology of different disorders, the book will help mental health professionals formulate the best management plan for the individual. Covering issues including perinatal psychiatric disorders, depression, eating disorders, schizophrenia, and alcohol and drug abuse - from a female perspective - *Women and Mental Health* will prove a valuable tool for all those working in the fields of mental health.

**aetna ppo therapy coverage:** Managing Managed Care Institute of Medicine, Committee on Quality Assurance and Accreditation Guidelines for Managed Behavioral Health Care, 1997-04-21 Managed care has produced dramatic changes in the treatment of mental health and substance abuse problems, known as behavioral health. *Managing Managed Care* offers an urgently needed assessment of managed care for behavioral health and a framework for purchasing, delivering, and ensuring the quality of behavioral health care. It presents the first objective analysis of the powerful multimillion-dollar accreditation industry and the key accrediting organizations. *Managing Managed Care* draws evidence-based conclusions about the effectiveness of behavioral health treatments and

makes recommendations that address consumer protections, quality improvements, structure and financing, roles of public and private participants, inclusion of special populations, and ethical issues. The volume discusses trends in managed behavioral health care, highlighting the emerging role of the purchaser. The committee explores problems of overlap and fragmentation in the delivery of behavioral health care and discusses the issue of access, a special concern when private systems are restricted and public systems overburdened. Highly applicable to the larger health care system, this volume will be of particular interest to all stakeholders in behavioral health—federal and state policymakers, public and private purchasers, health care providers and administrators, consumers and consumer advocates, accrediting organizations, and health services researchers.

**aetna ppo therapy coverage: *Psychiatric Aspects of Cancer*** Richard J. Goldberg, 1988

**aetna ppo therapy coverage: *Planting the Seeds of Pregnancy*** Stephanie Gianarelli, Lora Shahine, 2015-05-13

**aetna ppo therapy coverage: *The Managed Health Care Handbook*** Peter Reid Kongstvedt, 1996 Considered the 'bible' of the managed care industry, this third edition is greatly expanded with 30 new chapters and extensively updated-- double the size of the last edition! the Managed Health Care Handbook is a key strategic and operational resource for use in planning and decision-making. it includes first-hand advice from experienced managers on how to succeed in every aspect of managed care: quality management, claims and benefits administration, managing patient demand, As well as risk management, subacute care, physician compensation and much more! This seminal resource is a must for providers, purchasers, and payers for everyone involved in the managed care industry.

**aetna ppo therapy coverage: *Handbook of Home Health Standards*** Tina M. Marrelli, 2011-06-30

**aetna ppo therapy coverage: *The Childhood Autism Rating Scale (CARS)*** Eric Schopler, Robert Jay Reichler, Barbara Rothen Renner, 1986

**aetna ppo therapy coverage: *Hyperthermia in Cancer Therapy*** F. Kristian Storm, 1983

**aetna ppo therapy coverage: *Civilian Health and Medical Program of the Uniformed Services (CHAMPUS)***. , 1986

**aetna ppo therapy coverage: *You May Not Have Irritable Bowel Syndrome*** Michael Stierstorfer, Michael Stierstorfer M D, 2015-01-20 An estimated 32 to 48 million Americans and many more worldwide have IBS--or think they have it. This book presents groundbreaking insights into the cause of IBS that have led to the recognition of and testing for a new disease, allergic contact enteritis, that can help and in many cases cure people who carry a diagnosis of IBS.

**aetna ppo therapy coverage: *What Is Psychotherapy?*** The School of Life, 2018 An in-depth look at a much misunderstood practice, offering a fresh viewpoint on how this science can be a universally effective route to our better selves.

**aetna ppo therapy coverage: *Plunkett's Insurance Industry Almanac*** Jack W. Plunkett, 2006-11 Covers the business of insurance and risk management, and is a tool for market research, strategic planning, competitive intelligence or employment searches. This book contains trends, statistical tables and an industry glossary. It also provides profiles of more than 300 of the world's leading insurance companies.

**aetna ppo therapy coverage: *Plunkett's Health Care Industry Almanac 2006*** Jack W. Plunkett, 2005-11 Plunkett's Health Care Industry Almanac is the only complete reference to the American Health Care Industry and its leading corporations. Whatever your purpose for researching the health care field, you'll find this massive reference book to be a valuable guide. No other source provides this book's easy-to-understand comparisons of national health expenditures, emerging technologies, patient populations, hospitals, clinics, corporations, research, Medicare, Medicaid, managed care, and many other areas of vital importance. Included in the market research sections are dozens of statistical tables covering every aspect of the industry, from Medicare expenditures to hospital utilization, from insured and uninsured populations to revenues to health care expenditures as a percent of GDP. A special area covers vital statistics and health status of the U.S. population. The

corporate analysis section features in-depth profiles of the 500 major for-profit firms (which we call The Health Care 500) within the many industry sectors that make up the health care system, from the leading companies in pharmaceuticals to the major managed care companies. Details for each corporation include executives by title, phone, fax, website, address, growth plans, divisions, subsidiaries, brand names, competitive advantage and financial results. Purchasers of either the book or PDF version can receive a free copy of the company profiles database on CD-ROM, enabling key word search and export of key information, addresses, phone numbers and executive names with titles for every company profiled.

**aetna ppo therapy coverage: Plunkett's Health Care Industry Almanac 2007: Health Care Industry Market Research, Statistics, Trends & Leading Companies** Jack W. Plunkett, 2006 Contains information to understand the trends, technologies, finances, and leading companies of a specific industry.

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#### *2025 Summary of Benefits - SERS*

Live in the plan's service area This is a summary of the services we cover from January 1, 2025 through December 31, 2025. Evidence of Coverage (EOC). Primary Care Physician (PCP): ...

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#### SUMMARY OF BENEFITS PROVIDED BY AETNA LIFE ...

• Cardiovascular behavior therapy • Cardiovascular disease screenings • Cervical and vaginal cancer screenings (Pap) - one routine GYN visit and pap smear every 24

#### PPO Summary of Benefits V2 CMS update - Aetna Medicare

The complete list of services can be found in the Evidence of Coverage (EOC). You can request a copy of the EOC by contacting Member Services at 1-888-267-2637 (TTY: 711).

#### *Summary of Benefits and Coverage: What this Plan Covers*

Coverage Period: 01/01/2025-12/31/2025 Coverage for: Individual + Family | Plan Type: PPO The Summary of Benefits and Coverage (SBC) document will help you choose a health plan.

#### *Summary of Benefits and Coverage: 2025 IL Silver S: PPO*

For more information about your coverage, or to get a copy of the complete terms of coverage, <https://www.aetna.com/sbcsearch/getcbpolicydocs?P=0777474&Y=25>, or by calling 1-844-365 ...

#### *Preferred Provider Organization (PPO) Guide for 2025*

Routine preventive care is covered at 100% and doesn't count toward the out-of-pocket maximums. When you reach your in-network out-of-pocket maximum, the plan pays 100% for ...

## **SUMMARY OF BENEFITS**

Aetna MedicareSM Plan (PPO) Standard PPO Plan . Benefits and Premiums are effective January 1, 2025 through December 31, 2025. SUMMARY OF BENEFITS PROVIDED BY ...

#### BENEFIT PLAN What Your Plan Covers and How - Aetna

If you do not enroll for coverage when you first become eligible, but wish to do so later, your employer will provide you with information on when and how you can enroll. Newborns are ...

#### REHP - 2023 Summary of Benefits Final 08022022 - Aetna ...

To join the Medicare Open Access PPO, you must meet the requirements of the Retired Employees Health Program (REHP), be entitled to Medicare Part A, enrolled in Medicare Part ...

#### September 2022 29688 5 - Aetna

Primary Care Physician (PCP): You have the option to choose a PCP. When we know who your provider is, we can better support your care. Referrals: Your plan doesn't require a referral from ...

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#### **SUMMARY OF BENEFITS**

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#### *2023-aetna-plus-ppo-plan-benefits*

Aetna MedicareSM Plan (PPO) Plus PPO Plan . Benefits and Premiums are effective January 1, 2023 through December 31, 2023. SUMMARY OF BENEFITS PROVIDED BY AETNA LIFE ...

#### **Provider manual - Aetna**

Aetna® is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna). 2 . ...

#### *SUMMARY OF BENEFITS PROVIDED BY AETNA LIFE ...*

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#### **Summary of Benefits and Coverage: 2025 IL Gold S: PPO**

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services  
Coverage Period: 01/01/2025 - 12/31/2025 : 2025 IL Gold S: PPO + Rx Copay Coverage for: ...

#### *Aetna Medicare Advantage for MHBP Standard Option*

Aetna Medicare Advantage for MHBP Standard Option Sponsored by NATIONAL POSTAL MAIL HANDLERS UNION Medicare (C04) ESA PPO Plan, Alternate Rx \$0 (\$2)/\$5/\$35/\$40/15% ...

#### **Signature Choice PPO Traditional Choice Plan Preferred ...**

Speech Therapy. Benefit maximum is a combined limit for preferred and nonpreferred services 90% after deductible, up to 60 visits per condition per calendar year, After 25 visits, Aetna will ...

#### *Summary of Benefits and Coverage: 2025 MO Silver S: EPO*

Coverage is limited to 20 visits each for Physical Therapy and Occupational Therapy. Habilitation services \$40 copay/visit, deductible does not apply Not covered None Skilled nursing care 40% ...

### **Preventive care covered with no cost sharing - Aetna**

www.aetna.com. 00.03.537.1 E (9/15) Good news — your health ... not to cover contraceptive services as part of the group health coverage. This includes routine screenings and checkups. It ...

### **PLAN FEATURES PREFERRED CARE NON-PREFERRED CARE ...**

Aetna Choice™ POS II -PPO (ASC) ADMINISTERED BY AETNA LIFE INSURANCE COMPANY PLAN DESIGN & BENEFITS Some benefits are subject to limitations or visit maximums. Certain services ...

### **Medicare Part B preferred drug list Aetna Medicare Advantage ...**

Aetna Medicare Advantage (MA) only plans Some medically administered Part B drugs may have extra requirements or limits on coverage. These may include step therapy. This is when we ...

### **Aetna PPO Dental Plan - cache.hacontent.com**

This flyer highlights certain provisions of the Aetna PPO Dental Plan offered by participating L3Harris Technologies, Inc. business units to eligible employees (and dependents and/or ...

### **Aetna Ppo Therapy Coverage (PDF) - x-plane.com**

Decoding Aetna Ppo Therapy Coverage: Revealing the Captivating Potential of Verbal Expression In an era characterized by interconnectedness and an insatiable thirst for knowledge, the ...

### **Outpatient Treatment Programs - Aetna**

Outpatient Treatment Programs. Intensive Outpatient Treatment (IOP) Programs – These planned and structured programs are usually 2-3 hours/day (or evening), and 3-7 days per week.

### **Dental Benefits Summary - Aetna**

an amalgam restoration plus the difference between the dentist's Aetna approved fees for the resin restoration and the amalgam restoration. ... Onlay or Partial Coverage Restoration Crown - Full ...

### **AETNA BETTER HEALTH®**

Criteria for Continuation of Therapy ... AETNA BETTER HEALTH® Coverage Policy/Guideline Name: Zepbound (tirzepatide) Page: 2 of 2 . Effective Date: 3/10/2025 . Last Review Date: 01/24/2025 . ...

### **August 2023 32458 3 - Aetna**

Aetna Medicare. SM. Plan (PPO) Plus PPO Plan. Benefits and Premiums are effective January 1, 2024 through December 31, 2024 ... for all male patients aged 50 and older (coverage begins ...

### **2025 List of Covered Drugs/Formulary - Aetna Better Health**

III. If you have questions, please call Aetna Better Health Premier Plan MMAI at . 1-866-600-2139 (TTY: 711), 24 hours a day, 7 days a week. The call is free.

### **Summary of Benefits and Coverage: SAP AMERICA, INC.**

Summary of Benefits and Coverage: ... Aetna Choice® POS II - PPO 85 Coverage Period: 01/01/2023-12/31/2023 Coverage for: Individual + Family | Plan Type: POS The Summary of ...

### **Relax, recharge and save! Save on massage therapy, ...**

Available in Spanish. Disponible en Español. ©2007 Aetna Inc. 00.03.302.1 G (8/07) Health benefits and health insurance plans are offered, underwritten or administered by: Aetna Health Inc., Aetna ...

### **Dental Benefits Summary - Aetna**

This Aetna Dental® Preferred Provider Organization (PPO) benefits summary is provided by Aetna

Life Insurance ... Coverage is not provided for the following: 1.Services or supplies that are ...

### **Summary of Benefits and Coverage - Gravie**

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services  
Gravie Comfort \$3000 OOPM GX AETNA. Coverage Period: Coverage for: Individual, Spouse and ...

### *PEBTF SOC 2023 - Aetna Medicare*

Aetna Medicare Plan (PPO) 2023 Schedule of Cost Sharing 1 Aetna Medicare Former  
Employer/Union/Trust Name: REHP Group Agreement Effective Date: 01/01/2023 Master Plan ID: ...

### **Your NJ FamilyCare Plan Member Handbook - Aetna Better ...**

• Hormone therapy • Gender reassignment surgery Benefit Limits: Some services may require prior authorization. If you have questions about coverage or getting services, call Member Services at ...

### **2025 Aetna Open Choice PPO Summary of Benefits and ...**

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services .  
HOWARD COUNTY PUBLIC SCHOOL SYSTEM : Open Choice® - PPO. Coverage Period: ...

### PPO Summary of Benefits V2 CMS update - Aetna Medicare

Aetna Medicare. SM . Plan (PPO) Medicare (S01) PPO Plan . Benefits and Premiums are effective  
January 1, 2022 through December 31, 2022. SUMMARY OF BENEFITS PROVIDED BY AETNA ...

### *STATE OF MAINE Aetna Medicare PLAN DESIGN AND ...*

Aetna Medicare □ Plan (PPO) Medicare (C04) ESA PPO Plan Custom Rx \$10/\$30/\$45 For more  
information about Aetna plans, go to [www.aetna.com](http://www.aetna.com) or call Member Services at toll-free at 1 ...

### *Aetna Select Plan*

The Aetna Extras: Value-Added Programs & Services Aetna VisionSM Discount Program 7 Aetna  
FitnessSM Discount Program 7 Aetna Natural Products and ServicesSM Discount Program 8 ...

### **Summary of Benefits - content.medicareadvantage.com**

Sep 20, 2024 · Aetna Medicare Essential (PPO) | H5521-348 | \$0 Plan Premium 4 2025 Summary of  
Benefits for H5521-348 Medical and hospital benefits Hospital coverage Your provider often ...

### **SAMPLE AETNA SG PPO 2020**

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat  
... (PPO) Medical Plan Booklet-Certificate Plan name: IL Silver PPO 6000 80/50 . PPID: ...

### **AETNA BETTER HEALTH®**

AETNA BETTER HEALTH® Coverage Policy/Guideline. Name: Infiximab-Remicade and Biosimilars  
Page: 1 of 17 Effective Date: 5/1/2025 . Last Review Date: 2/2025; 4/2025 . Applies ... therapy is ...

### **Summary of Benefits and Coverage: What this Plan Covers**

1 of 7 Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered  
Services Coverage Period: 0 1/01/2025 - 12/31/2025 N.C. State Health Plan Network - Aetna ...

### PLAN DESIGN & BENEFITS ADMINISTERED BY AETNA LIFE ...

Aetna Choice ® POS II -- ASC PLAN DESIGN & BENEFITS ... Inpatient coverage \$250 copay; after  
deductible 30%; after deductible When you're admitted into a hospital for the care you need, ...

### **Aetna - Medical Exception/Prior ...**

GR-69164 (8-20) OR Page 4 of 6 TTY:711 English To access language services at no cost to you, call the number on your ID card. Albanian Për shërbime përkthimi falas për ju, telefononi në ...

#### *A FIRST TIMER'S Guide to Therapy - Aetna*

therapy can help. Speaking with a professional can give you strategies to feel less overwhelmed and cope better with chronic pain. One type of therapy called cognitive-behavioral therapy (CBT) is ...

#### Highlights Consumer Choice Plan Preferred Benefits ...

companies, including Aetna Life Insurance Company and its affiliates (Aetna). This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains ...

#### **Choice POS II medical plan - benefits.truist.com**

Effect of prior plan coverage section. If you need help or more information, see the Contact us section below. How we use words When we use: "You" and "your", we mean you and any ...

#### **Coverage Policy/Guideline - Aetna Better Health**

outlining the coverage criteria for Botox under the patient's prescription drug benefit. Description: The indications below including FDA-approved indications and compendial uses are considered a ...

#### *Summary of Benefits and Coverage: TRINET HR III, INC.*

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services  
Coverage Period: 10/01/2024 - 09/30/2025 : TRINET HR III, INC. Aetna Open Access® Managed ...

#### **Summary of Benefits and Coverage: What this Plan ... - Allied ...**

Physical and occupational therapy: limited to a combined maximum of 20 visits of office and outpatient facility services per calendar year. Speech therapy: limited to 20 visits maximum per ...

#### *Aetna Commercial Clinical Program Summary*

All listed medications are subject to Aetna's clinical drug policies and are covered under the Aetna commercial medical benefit. For more detailed information, refer to the ... Cellular therapy ; ...

#### *Summary of Benefits 2023816 - The Official Web Site for The ...*

Aetna MedicareSM Plan (PPO) MA PPO ESA 15 SHBP Plan ADDITIONAL PROGRAMS (NOT COVERED BY ORIGINAL MEDICARE) This is what you pay for network & out-of-network ...

#### **Get health care your way - Aetna**

language. Try it out at [www.aetna.com](http://www.aetna.com). Or get a printed directory. If you are already an Aetna member, call Member Services to get one. The toll-free number is on your Aetna ID card. If ...

#### Summary of Benefits and Coverage - Aetna - Anne Arundel ...

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services  
ANNE ARUNDEL COUNTY GOVERNMENT : Open Choice® - PPO Coverage Period: 01/01/2024 ...

#### Dental Benefits Summary - Aetna

Root canal therapy, anterior teeth and bicuspid teeth 80% 70% Scaling and root planing (a) 80% 70% ... (PPO) benefits summary is provided by Aetna Life Insurance ... In the event of a problem ...

#### **Aetna MedicareSM Plan (PPO) Custom Med P01 ESA PPO Plan**

Aetna MedicareSM Plan (PPO) Custom Med P01 ESA PPO Plan Benefits and Premiums are effective January 1, 2025 through December 31, 2025 SUMMARY OF BENEFITS PROVIDED BY AETNA ...

### **National advantage program - Aetna**

of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company. In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health ...

### **In the know - [scemaplans.aetnamedicare.com](https://scemaplans.aetnamedicare.com)**

Covered outpatient rehabilitation services include physical therapy, occupational therapy and speech ... check the Aetna Medicare Advantage PPO MAP plan Evidence of Coverage and ...

### Transition Coverage Request - Aetna

Last date of treatment before beginning of Aetna coverage (as applicable) 3. Authorization I request approval for coverage of ongoing care from the health care provider named below for treatment ...

### **Summary of Benefits - [content.medicareadvantage.com](https://content.medicareadvantage.com)**

Sep 20, 2024 · Plan type: Aetna Medicare Premier Plus (PPO) is a PPO plan. This is a Medicare Advantage plan that covers prescription drugs. You can use in-network and out-of-network ...

### **2025 Summary of Benefits - [content.medicareadvantage.com](https://content.medicareadvantage.com)**

Sep 20, 2024 · Aetna Medicare Eagle (PPO) | H5521-353 | \$0 Plan Premium 2025 Summary of Benefits for H5521-353 11 Other covered benefits Aetna Medicare Extra Benefits Card You get ...

### *Summary of Benefits and Coverage: MD Bronze PPO 6000 ...*

Coverage is limited to 30 visits each per condition for Physical Therapy, Occupational Therapy & Speech Therapy. Habilitation services 20% coinsurance 40% coinsurance None Skilled nursing ...

### **2024 Summary of Benefits - [content.medicareadvantage.com](https://content.medicareadvantage.com)**

Sep 13, 2023 · Aetna Medicare Advantra Silver (PPO) | H5522-004 | \$0 | Y0001\_H5522\_004\_PR40\_SB24\_M 2024-H5522.004.1 Aetna Medicare Advantra Silver (PPO) ...