

# **A Guide To Rewilding**

## **A Guide to Rewilding: Restoring Nature's Balance**

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Publisher: Green Earth Publishing, a leading publisher of environmental science and conservation literature, known for its rigorous peer-review process and commitment to disseminating accessible and impactful research.

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Summary: This comprehensive guide to rewilding explores the principles, practices, and challenges involved in restoring ecosystems to a more natural state. It delves into crucial aspects such as site selection, species reintroduction, community engagement, and monitoring, while also highlighting common pitfalls and offering practical advice for successful rewilding projects. This 'a guide to rewilding' provides readers with a solid foundation for understanding and participating in this vital conservation approach.

Keywords: a guide to rewilding, rewilding, ecosystem restoration, habitat restoration, wildlife conservation, biodiversity, trophic cascades, ecological restoration, conservation biology, nature restoration

### **1. Understanding Rewilding: More Than Just Planting Trees**

Rewilding, at its core, aims to restore ecological processes and biodiversity to degraded landscapes. This differs significantly from simple afforestation or habitat restoration. A true 'a guide to rewilding' acknowledges that it's about rebuilding entire ecosystems, not just individual components. It's about letting nature take the lead, allowing natural processes like fire and flooding to shape the landscape, and restoring natural trophic cascades – the influence of top predators on the entire ecosystem. This 'a guide to rewilding' will help you understand these key concepts.

### **2. Site Selection: Choosing the Right Ground for Rewilding**

Successful rewilding starts with careful site selection. Consider factors like:

Ecological history: Understanding the past ecosystem is crucial. What species were present

historically? What were the dominant ecological processes?

**Connectivity:** The selected area should be connected to other natural areas to allow for species movement and genetic exchange. Isolated areas are less likely to support diverse and resilient ecosystems.

**Land ownership and legal frameworks:** Secure land tenure and necessary permits are essential before embarking on any rewilding project. A thorough understanding of local regulations is vital. This 'a guide to rewilding' highlights the legal aspects you need to consider.

**Community involvement:** Engaging local communities is crucial for project success. Their knowledge, support, and acceptance are essential for long-term sustainability.

### **3. Species Reintroduction: Bringing Back the Missing Pieces**

Species reintroduction is a key element of many rewilding projects. It's essential to:

**Choose appropriate species:** Prioritize species with significant ecological roles and those that were historically present in the area.

**Source genetically diverse populations:** Genetic diversity is crucial for resilience to future changes.

**Monitor introduced species:** Track their survival, reproduction, and impact on the ecosystem. Adjust strategies as needed. This 'a guide to rewilding' will give you valuable insights into species selection.

### **4. Managing Disturbances: Embracing Natural Processes**

Rewilding isn't about creating pristine, untouched landscapes. It's about allowing natural disturbances, such as fire and flooding, to shape the ecosystem. This often involves:

**Controlled burns:** Mimicking natural fire regimes to maintain open habitats and promote certain plant species.

**River restoration:** Allowing rivers to meander naturally, creating diverse habitats.

**Grazing management:** Utilizing grazing animals to manage vegetation and mimic natural grazing patterns.

### **5. Monitoring and Evaluation: Tracking Progress and Adapting Strategies**

Regular monitoring is essential to assess the success of a rewilding project. This includes:

**Biodiversity surveys:** Assessing changes in species richness, abundance, and distribution.

**Habitat monitoring:** Tracking changes in vegetation cover, water quality, and other habitat characteristics.

**Trophic cascade analysis:** Assessing the impact of top predators on the entire ecosystem. A crucial part of any 'a guide to rewilding' is understanding trophic cascades.

## **6. Community Engagement: Building Partnerships for Success**

Engaging local communities is crucial for the long-term success of any rewilding project. This includes:

Education and outreach: Raising awareness about the importance of rewilding and the benefits it can bring.

Collaboration and partnerships: Working with local landowners, businesses, and organizations.

Shared decision-making: Involving communities in the planning and implementation of projects.

## **7. Common Pitfalls in Rewilding Initiatives: Avoiding Costly Mistakes**

Several common pitfalls can hinder rewilding efforts:

Lack of planning and insufficient funding: Rewilding projects require careful planning and long-term commitment.

Ignoring local contexts: One-size-fits-all approaches rarely work. Each project must adapt to local conditions.

Insufficient monitoring: Without regular monitoring, it's difficult to assess progress and make necessary adjustments.

Neglecting community engagement: Projects that fail to engage local communities are less likely to succeed in the long term. This 'a guide to rewilding' will help you avoid these pitfalls.

## **8. The Future of Rewilding: Scaling Up for Global Impact**

Rewilding is not just a local issue; it's a global imperative. Scaling up rewilding efforts requires:

Increased funding and policy support: Governments and organizations need to invest more in rewilding initiatives.

International collaboration: Sharing knowledge and best practices across borders.

Technological advancements: Utilizing new technologies to improve monitoring and management techniques.

## **Conclusion**

This 'a guide to rewilding' provides a framework for understanding and implementing successful rewilding projects. By carefully considering site selection, species reintroduction, disturbance management, community engagement, and monitoring, we can work towards restoring the ecological integrity and biodiversity of our planet. Rewilding is a complex undertaking, but its

potential benefits—for both the environment and human well-being—are immense. A holistic, collaborative, and scientifically informed approach is crucial for ensuring its success.

## **FAQs**

1. What is the difference between rewilding and afforestation? Rewilding focuses on restoring entire ecosystems and natural processes, while afforestation primarily involves planting trees.
2. How long does a rewilding project typically take? Rewilding is a long-term process, often spanning decades or even centuries.
3. What are the economic benefits of rewilding? Rewilding can create jobs in conservation, ecotourism, and sustainable resource management.
4. What are the potential risks of rewilding? Potential risks include unintended ecological consequences, conflicts with human land use, and the need for ongoing management.
5. How can I get involved in a rewilding project? Contact local conservation organizations or participate in volunteer initiatives.
6. What role do keystone species play in rewilding? Keystone species have a disproportionately large impact on their ecosystem and are often prioritized in rewilding efforts.
7. How is climate change affecting rewilding efforts? Climate change can alter habitats and species distributions, posing challenges for rewilding projects.
8. What are the ethical considerations of rewilding? Ethical considerations include potential impacts on local communities and the welfare of introduced species.
9. Where can I find more information on successful rewilding projects? Research online databases of ecological restoration projects and conservation organizations' websites.

## **Related Articles**

1. Rewilding Britain: A Case Study: Examines the progress and challenges of rewilding initiatives in the UK.
2. The Role of Trophic Cascades in Rewilding: Explores the importance of top predators in restoring ecosystem function.
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7. The Legal and Policy Framework for Rewilding: Examines the legal and regulatory aspects of rewilding projects.
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9. Rewilding and Climate Change Adaptation: Synergies and Challenges: Explores the potential of rewilding to contribute to climate change adaptation.

**a guide to rewilding:** Rewilding Nathalie Pettorelli, Sarah M. Durant, Johan T. du Toit, 2019-01-31 Discusses the benefits and risks, as well as the economic and socio-political realities, of rewilding as a novel conservation tool.

**a guide to rewilding:** Rewilding North America Dave Foreman, 2004-07 In *Rewilding North America*, Dave Foreman takes on arguably the biggest ecological threat of our time: the global extinction crisis. He not only explains the problem in clear and powerful terms, but also offers a bold, hopeful, scientifically credible, and practically achievable solution. Foreman begins by setting out the specific evidence that a mass extinction is happening and analyzes how humans are causing it. Adapting Aldo Leopold's idea of ecological wounds, he details human impacts on species survival in seven categories, including direct killing, habitat loss and fragmentation, exotic species, and climate change. Foreman describes recent discoveries in conservation biology that call for wildlands networks instead of isolated protected areas, and, reviewing the history of protected areas, shows how wildlands networks are a logical next step for the conservation movement. The final section describes specific approaches for designing such networks (based on the work of the Wildlands Project, an organization Foreman helped to found) and offers concrete and workable reforms for establishing them. The author closes with an inspiring and empowering call to action for scientists and activists alike. *Rewilding North America* offers both a vision and a strategy for reconnecting, restoring, and rewilding the North American continent, and is an essential guidebook for anyone concerned with the future of life on earth.

**a guide to rewilding:** Wilding Isabella Tree, 2018-05-03 'A poignant, practical and moving story of how to fix our broken land, this should be conservation's salvation; this should be its future; this is a new hope' - Chris Packham In *Wilding*, Isabella Tree tells the story of the 'Knepp experiment', a pioneering rewilding project in West Sussex, using free-roaming grazing animals to create new habitats for wildlife. Part gripping memoir, part fascinating account of the ecology of our countryside, *Wilding* is, above all, an inspiring story of hope. Winner of the Richard Jefferies Society and White Horse Book Shop Literary Prize. Forced to accept that intensive farming on the heavy clay of their land at Knepp was economically unsustainable, Isabella Tree and her husband Charlie Burrell made a spectacular leap of faith: they decided to step back and let nature take over. Thanks to the introduction of free-roaming cattle, ponies, pigs and deer - proxies of the large animals that once roamed Britain - the 3,500 acre project has seen extraordinary increases in wildlife numbers and diversity in little over a decade. Extremely rare species, including turtle doves, nightingales, peregrine falcons, lesser spotted woodpeckers and purple emperor butterflies, are now breeding at Knepp, and populations of other species are rocketing. The Burrells' degraded agricultural land has become a functioning ecosystem again, heaving with life - all by itself. Personal and inspirational, *Wilding* is an astonishing account of the beauty and strength of nature, when it is given as much freedom as possible. Highly Commended by the Wainwright Golden Beer Book Prize.

**a guide to rewilding:** Rewild Or Die Urban Scout, 2016-09-01 *Rewild or Die* is a collection of essays written by Urban Scout exploring the philosophy of the emerging rewilding renaissance, in which civilized humans are thought to be domesticated through thousands of years of sedentary, agrarian life. This way of life is believed to be the root of all environmental destruction and social injustice. Rewilding is the process of un-doing this domestication, and restoring healthy, biologically

diverse communities. Using thoughtful, humorously cynical and at times angry prose, Urban Scout explores how the ideology of civilization clashes with the wild and wild peoples, and how thinking, feeling and most importantly living wild is the only way to reach true sustainability.

**a guide to rewilding:** *When We Went Wild* Isabella Tree, 2021-06-01 From the best-selling author and rewilding pioneer Isabella Tree, *When We Went Wild* is a heartwarming, sustainably printed picture book about the benefits of letting nature take the lead, inspired by real-life rewilding projects. Nancy and Jake are farmers. They raise their cows and pigs, and grow their crops. They use a lot of big machines to help them, and spray a lot of chemicals to get rid of the weeds and the pests. That's what all good farmers do, isn't it? And yet, there is no wildlife living on their farm. The animals look sad. Even the trees look sad! One day, Nancy has an idea... what if they stopped using all the machines, and all the chemicals, and instead they went wild? The author's own experience of rewilding her estate at Knepp in West Sussex, England, has influenced conservation techniques around the world that are bringing nature back to the countryside and bringing threatened species back from the brink. Ivy Kids brings you beautiful, sustainably printed books to rewild your child. They are hopeful, joyful stories and nonfiction about nature and the environment that are charmingly illustrated and printed on 100% post-consumer recycled paper, locally in the US, and using renewable energy. Praise for *Wilding*, the author's best-selling memoir: "In a story that is part personal memoir, part work of conservation, Tree reveals the capacity of the wild to reclaim the land—as long as humans step out of the way." —Smithsonian, "The Ten Best Science Books of 2018" "Wilding is both a timely and important book." —Tim Flannery, *The New York Review of Books*

**a guide to rewilding:** *Rewilding* Micah Mortali, 2019-12-03 Reconnect with your wild essence as you awaken your innate bond with the natural world "Rewilding is a return to our essential nature. It is an attempt to reclaim something of what we were before we used words like 'civilized' to define ourselves." —Micah Mortali In his long-awaited book *Rewilding*, Kripalu director Micah Mortali brings together yoga, mindfulness, wilderness training, and ancestral skills to create a unique guide for reigniting your primal energy—your undomesticated true self—and deepening your connection with the living earth. For hundreds of thousands of years, humans lived intimately with the earth. We were in the wild and of the wild. Today, we live mostly urban lives—and our vital wildness has gone dormant. As a result, we're more isolated, unhealthy, anxious, and depressed than ever, and our planet has suffered alongside us. With *Rewilding*, Mortali invites us to shed the effects of over-civilization and explore an inner wisdom that is primal, ancient, and profound. Whether you live in the middle of a city or alongside the woods, the insights and practices on these pages will bring you home to your wild, wise, and alive self. Highlights include: Practice-rich content—mindfulness exercises, guided meditations, yoga and pranayama, inward sensing, forest bathing, and much moreThe "life-force deficit"—explore how our separation from nature affects us physiologically and spirituallyAncestral skills—such as tracking, foraging, building fires, and finding shelterDevelop a sense of calm, clarity, connection, and confidence in both your daily life and the great outdoorsWhat you can learn from nature's teachers—lessons from mountains, rivers, trees, and our animal kinRewild in the wild—guidelines around safety, preparedness, appropriate gear, and packing listsA mindful rewilding flow—put everything together in an immersive, step-by-step rewilding experienceAwaken your authentic spiritual connection with the natural world as you come home to your true selfUnderstand the relationship between our health and the health of our planet—and how we can begin to heal both Part celebration of the natural world, part spiritual memoir, and part how-to guide, *Rewilding* is a must-read for anyone who wants to embrace their wild nature and essential place in the living earth.

**a guide to rewilding:** *Rewilding Our Hearts* Marc Bekoff, 2014-10-15 In wildlife conservation, rewilding refers to restoring habitats and creating corridors between preserved lands to allow declining populations to rebound. Marc Bekoff, one of the world's leading animal experts and activists, here applies rewilding to human attitudes. *Rewilding Our Hearts* invites readers to do the essential work of becoming reenchanted with the world, acting from the inside out, and dissolving false boundaries to truly connect with both nature and themselves.

**a guide to rewilding:** Feral George Monbiot, 2014-09-26 As an investigative journalist, Monbiot found a mission in his ecological boredom, that of learning what it might take to impose a greater state of harmony between himself and nature. He was not one to romanticize undisturbed, primal landscapes, but rather in his attempts to satisfy his cravings for a richer, more authentic life, he came stumbled into the world of restoration and rewilding. When these concepts were first introduced in 2011, very recently, they focused on releasing captive animals into the wild. Soon the definition expanded to describe the reintroduction of animal and plant species to habitats from which they had been excised. Some people began using it to mean the rehabilitation not just of particular species, but of entire ecosystems: a restoration of wilderness. Rewilding recognizes that nature consists not just of a collection of species but also of their ever-shifting relationships with each other and with the physical environment. Ecologists have shown how the dynamics within communities are affected by even the seemingly minor changes in species assemblages. Predators and large herbivores have transformed entire landscapes, from the nature of the soil to the flow of rivers, the chemistry of the oceans, and the composition of the atmosphere. The complexity of earth systems is seemingly boundless.

**a guide to rewilding: The Book of Wilding** Isabella Tree, 2023-05-11 THE SUNDAY TIMES BESTSELLER 'Important and empowering' - BENEDICT CUMBERBATCH 'Get this great guide and be inspired' - STEPHEN FRY 'A handbook of hope ... Buy it, read it, start changing things right now' - JOANNA LUMLEY \_\_\_\_\_ The enormity of climate change and biodiversity loss can leave us feeling overwhelmed. How can an individual ever make a difference? Isabella Tree and Charlie Burrell know firsthand how spectacularly nature can bounce back if you give it the chance. And what comes is not just wildlife in super-abundance, but solutions to the other environmental crises we face. The Book of Wilding is a handbook for how we can all help restore nature. It is ambitious, visionary and pragmatic. The book has grown out of Isabella and Charlie's mission to help rewild Britain, Europe and the rest of the world by sharing knowledge from their pioneering project at Knepp in Sussex. It is inspired by the requests they receive from people wanting to learn how to rewild everything from unprofitable farms, landed estates and rivers, to ponds, allotments, churchyards, urban parks, gardens, window boxes and public spaces.. The Book of Wilding has the answers. \_\_\_\_\_ 'Brilliantly readable and incredibly hard-working' - HUGH FEARNLEY-WHITTINGSTALL 'A deep, dazzling and indispensable guide to the most important task of all: the restoration of the living planet' - GEORGE MONBIOT

**a guide to rewilding: Rebirding** Benedict Macdonald, 2019-04-08 WINNER OF THE WAINWRIGHT PRIZE FOR WRITING ON GLOBAL CONSERVATION Winner of the Richard Jefferies Society and White Horse Book Shop Literary Prize 'splendid' —Guardian 'visionary' —New Statesman Rebirding takes the long view of Britain's wildlife decline, from the early taming of our landscape and its long-lost elephants and rhinos, to fenland drainage, the removal of cornerstone species such as wild cattle, horses, beavers and boar – and forward in time to the intensification of our modern landscapes and the collapse of invertebrate populations. It looks at key reasons why species are vanishing, as our landscapes become ever more tamed and less diverse, with wildlife trapped in tiny pockets of habitat. It explores how Britain has, uniquely, relied on modifying farmland, rather than restoring ecosystems, in a failing attempt to halt wildlife decline. The irony is that 94% of Britain is not built upon at all. And with more nature-loving voices than any European country, we should in fact have the best, not the most impoverished, wildlife on our continent. Especially when the rural economics of our game estates, and upland farms, are among the worst in Europe. Britain is blessed with all the space it needs for an epic wildlife recovery. The deer estates of the Scottish Highlands are twice the size of Yellowstone National Park. Snowdonia is larger than the Maasai Mara. The problem in Britain is not a lack of space. It is that our precious space is uniquely wasted – not only for wildlife, but for people's jobs and rural futures too. Rebirding maps out how we might finally turn things around: rewilding our national parks, restoring natural ecosystems and allowing our wildlife a far richer future. In doing so, an entirely new sector of rural jobs would be created; finally bringing Britain's dying rural landscapes and failing economies back

to life.

**a guide to rewilding:** Planting for Wildlife Jane Moore, 2021-05-20 Making a haven for wildlife doesn't require acres of land in the countryside. If you get the habitat and planting right, then even the tiniest of urban gardens can host a variety of creatures from birds and bees to hedgehogs. Covering everything from going organic to making a pond and turning your green space into a wildlife haven – this book is for gardeners who want to apply a more holistic approach to gardening and create their own urban sanctuary. Through a collection of simple projects that can be easily adapted for a variety of gardens and planting guides, this book will help you to re-connect with natural world on your own doorstep. Jane Moore will draw on her 16 years of experience of creating an urban sanctuary in the heart of the city as she lays out the simple ways in which you can approach making even the smallest patch of land a haven for wildlife, great or small.

**a guide to rewilding:** Rewilding Childhood Mike Fairclough, 2022-08-23 Mike Fairclough invites parents to facilitate their children's naturally rebellious nature to help them thrive in a turbulent world. Discover the revolutionary path to incredible parenting and embrace your child's free spirit, inspire their imagination and prepare them for a confident, empowered future. Foreword by Dame Jacqueline Wilson. This isn't your average parenting book. This is a call for rebellion; a liberating, transformative, joyful rebellion, proven to inspire confidence and resilience. Encouraging children to explore and reconnect with their adventurous side is more important than ever. Rewilding Childhood offers game-changing tools and techniques to help you raise empowered children who will thrive in this unpredictable world. You'll find out how climbing trees instils a healthy attitude to risk, how adventuring into fields and forests cultivates gratitude, and how getting messy with a paintbrush can liberate a child and elevate their confidence. Full of down-to-earth advice, honesty and positivity, this book will encourage both you and your child to move beyond the boundaries of everyday life to become self-assured, secure and, above all, happy.

**a guide to rewilding:** REWILDING Love, Drake, 2017-10-10 It's not too late! The natural world may be ailing, but it can still be healed.

**a guide to rewilding:** Rewild Your Garden Frances Tophill, 2020-08-20 \*\*A SUNDAY TIMES GARDENING BOOK OF THE YEAR 2020\*\* 'A must-read for every gardener who wants to up their game for wildlife and do their bit for the planet.' -- Isabella Tree 'A refreshing, uplifting and positive look at the true value of a garden.' -- Alan Titchmarsh The perfect book for any gardener looking to get back in touch with their wild side. The rewilding of public spaces and farmland is vitally important to conservation, but how can we support native species and provide rich habitats on our own doorsteps? In this practical, beautifully illustrated guide horticulturalist and Gardener's World presenter Frances Tophill shows you how to plan and maintain a beautiful garden that will attract bees and birds as well as a throng of unsung garden heroes. Whether you have a small balcony or a large open space, discover the joys of welcoming natural ecosystems back into your garden - along with a host of new visitors.

**a guide to rewilding:** ReWild Nick Baker, 2017-06-29 As our busy, technology-driven lives become more sedentary and less connected to wildlife, it is important to remember the natural, human connection we have to the wilderness. Nick Baker, naturalist and wildlife presenter, takes the reader back to our natural instincts. Journeying through the senses, his expert advice offers the practical tools to experience the wilderness on your own doorstep as well as in the wider, wilder world. From learning to observe the creatures and beasts within hands' reach and seeing and hearing the birds and trees of our forests, to an introduction to rewilding as a concept and the importance nature has to the wider world. Nick's vivid text mixes memoir with practical advice to entertain, inform and inspire us to get back to nature. ReWild is a beautiful and important exploration of the art of returning to nature.

**a guide to rewilding:** Sliced Iguana Isabella Tree, 2008-01-30 Behind the facade of sombreros and tequila, tourist traps and holiday resorts, there lies a very different Mexico. In Sliced Iguana, Isabella Tree finds a town controlled by arm-wrestling matriarchs and party-mad transvestites and in war-torn Chiapas she discovers shamans worshipping Mayan gods inside Catholic churches and



conducting exorcisms with the aid of Pepsi. This is a story of Mexico like no other, capturing the essence of its psyche and illuminating the struggles and hopes of a people and a country on the cusp of change.

**a guide to rewilding:** Unlearn, Rewild Miles Olson, 2012-10-09 Provides a manual to break free from enslavement to jobs, bills, and the trap of civilization, sharing advice on survival skills and sustainable living.

**a guide to rewilding:** Rewilding David A. Steen, 2022-06-28 This informative, colourful hardback takes a detailed look inside the rewilding process, giving a whistle-stop tour of reintroduction projects around the globe and telling inspiring stories of wildlife brought back from the brink. - BBC Wildlife Magazine For seven- or eight-and-up, a down-to-earth guide with a clear and hopeful message: humans have damaged the natural world, but with care, time and resources, we can make amends. - The Guardian Rewilding means returning animals or plants to places where they used to live. In this book, acclaimed conservation biologist and science communicator David A. Steen introduces children to the scientists determined to turn back the hands of time to create a greener future. Read about awe-inspiring rewilding projects, including: - The wolves that returned to Yellowstone National Park and dramatically improved the ecosystem - The beavers reintroduced to their old territories to build dams to stop them flooding - The Galápagos giant tortoises who beat the odds to survive extinction and return to their island home Throughout the heartwarming true stories, beautifully illustrated by award-winning artist Chiara Fedele, children will learn how different species evolved to live side by side and will see what it takes to be a conservation scientist. They might even be inspired to become a wildlife activist themselves! By the end of the book kids will be left with a key message: it's not too late to fix the planet.

**a guide to rewilding:** Rewild Your Life Sarah Stirling, 2021-03 Over-attached to technology and cosseted in our homes, the Western world has never been so disconnected from nature. Rewild Your Life helps you to rediscover your instinctive connection to the great outdoors. With 52 indoor and outdoor projects, journalist and wild swimming enthusiast Sarah Stirling will show you how reconnecting with the natural world is key to keeping the environment alive, while simultaneously bringing the wonder back into the every day.

**a guide to rewilding:** Rewilding Motherhood Shannon K. Evans, 2021-09-14 Women are often told by their communities that being a mother will complete or define them. But many mothers find themselves depleted and spiritually stagnant amid the everyday demands of being a mom. They long to experience a rich inner life but feel there is rarely enough time, energy, or stillness to connect with God in a meaningful way. This book takes the concept of rewilding and applies it to motherhood. Just as an environmentalist seeks to rewild land by returning it to its natural state, Shannon Evans invites women to rewild motherhood by reclaiming its essence through an expansive feminine spirituality. Drawn from the contemplative Catholic tradition and Evans's own parenting experience, Rewilding Motherhood helps women deepen their connection to God through practices inherent to the life they're living now. Topics include work-life balance, identity, solitude, patience, household work, and mission for the common good. Throughout, Evans encourages women to see motherhood as an opportunity to discover a vibrant feminine spirituality and a deeper knowledge of God and self.

**a guide to rewilding:** Wild Your Garden Jim and Joel Ashton, Ashton Joel, 2020-04-02 It's up to every single one of us to do our bit for wildlife, however small our gardens, and The Butterfly Brothers know just how that can be achieved. Alan Titchmarsh Join the rewilding movement and share your outdoor space with nature. We all have the potential to make the world a little greener. Wild Your Garden, written by Jim and Joel Ashton (aka The Butterfly Brothers), shows you how to create a garden that can help boost local biodiversity. Transform a paved-over yard into a lush oasis, create refuges to welcome and support native species, or turn a high-maintenance lawn into a nectar-rich mini-meadow to attract bees and butterflies. You don't need specialist knowledge or acres of land. If you have any outdoor space, you can make a difference to local wildlife, and reduce your carbon footprint, too. Wildlife gardening is one of the most important things you can do as an

individual for increasing biodiversity and mitigating the effects of climate change. From digging a pond to planting a native hedge, the Butterfly Brothers can help you every step of the way. Kate Bradbury

**a guide to rewilding: The American Bird Conservancy Guide to Bird Conservation** Daniel J. Lebbin, Michael J. Parr, George H. Fenwick, 2010-10-15 Whether we live in cities, in the suburbs, or in the country, birds are ubiquitous features of daily life, so much so that we often take them for granted. But even the casual observer is aware that birds don't fill our skies in the number they once did. That awareness has spawned conservation action that has led to notable successes, including the recovery of some of the nation's most emblematic species, such as the Bald Eagle, Brown Pelican, Whooping Crane, and Peregrine Falcon. Despite this, a third of all American bird species are in trouble—in many cases, they're in imminent danger of extinction. The most authoritative account ever published of the threats these species face, The American Bird Conservancy Guide to Bird Conservation will be the definitive book on the subject. The Guide presents for the first time anywhere a classification system and threat analysis for bird habitats in the United States, the most thorough and scientifically credible assessment of threats to birds published to date, as well as a new list of birds of conservation concern. Filled with beautiful color illustrations and original range maps, the Guide is a timely, important, and inspiring reference for birders and anyone else interested in conserving North America's avian fauna. But this book is far more than another shout of crisis. The Guide also lays out a concrete and achievable plan of long-term action to safeguard our country's rich bird life. Ultimately, it is an argument for hope. Whether you spend your early weekend mornings crouched in silence with binoculars in hand, hoping to check another species off your list, or you've never given much thought to bird conservation, you'll appreciate the visual power and intellectual scope of these pages.

**a guide to rewilding: The Ice Lion** Kathleen O'Neal Gear, 2021-06-15 Teen members of a group of archaic humans, Lynx and Quiller, flee the increasing coldness and monstrous predators for a new land, where they meet a strange old man who tells them how to save the world.

**a guide to rewilding: Rewilding the World** Caroline Fraser, 2014-04-29 A gripping account of the environmental crusade to save the world's most endangered species and landscapes—the last best hope for preserving our natural home Scientists worldwide are warning of the looming extinction of thousands of species, from tigers and polar bears to rare flowers, birds, and insects. If the destruction continues, a third of all plants and animals could disappear by 2050—and with them earth's life-support ecosystems that provide our food, water, medicine, and natural defenses against climate change. Now Caroline Fraser offers the first definitive account of a visionary campaign to confront this crisis: rewilding. Breathtaking in scope and ambition, rewilding aims to save species by restoring habitats, reviving migration corridors, and brokering peace between people and predators. Traveling with wildlife biologists and conservationists, Fraser reports on the vast projects that are turning Europe's former Iron Curtain into a greenbelt, creating trans-frontier Peace Parks to renew elephant routes throughout Africa, and linking protected areas from the Yukon to Mexico and beyond. An inspiring story of scientific discovery and grassroots action, Rewilding the World offers hope for a richer, wilder future.

**a guide to rewilding: Rewilding - The Illustrated Edition** Cain Blythe, Paul Jepson, 2021-11-04 'A dazzling illustrated edition of a 'hugely useful and fascinating resumé of rewilding' Isabella Tree, author of Wilding 'Compelling ... succinct and objective' Financial Times Rewilding reveals the ways in which ecologists are restoring the lost interactions between animals, plants, and natural disturbances that are the essence of thriving ecosystems. It looks into a past in which industrialization and globalization have downgraded our grasslands; at present projects restoring plants and animals to their natural, untamed state; and into the future, with ten predictions for a rewilded planet. This illustrated edition combines beautiful natural history images with infographic flow-charts depicting the 'trophic cascades' of biodiverse ecosystems, to explore a brave new world repopulated with wild horses and cattle, beavers, rhinos, and wolves. 'A masterly job, explaining the science behind rewilding in an accessible, honest and compelling way. It deserves to be widely read

and become a book of great influence.' Isabella Tree, author of *Wilding*.

**a guide to rewilding:** *Kale & Caramel* Lily Diamond, 2017-05-02 Born out of the popular blog Kale & Caramel, this sumptuously photographed and beautifully written cookbook presents eighty recipes for delicious vegan and vegetarian dishes featuring herbs and flowers, as well as luxurious do-it-yourself beauty products. Plant-whisperer, writer, and photographer Lily Diamond believes that herbs and flowers have the power to nourish inside and out. "Lily's deep connection to nature is beautifully woven throughout this personal collection of recipes," says award-winning vegetarian chef Amy Chaplin. Each chapter celebrates an aromatic herb or flower, including basil, cilantro, fennel, mint, oregano, rosemary, sage, thyme, lavender, jasmine, rose, and orange blossom. Mollie Katzen, author of the beloved *Moosewood Cookbook*, calls the book "a gift, articulated through a poetic voice, original and bold." The recipes tell a coming-of-age story through Lily's kinship with plants, from a sun-drenched Maui childhood to healing from heartbreak and her mother's death. With bright flavors, gorgeous scents, evocative stories, and more than one hundred photographs, *Kale & Caramel* creates a lush garden of experience open to harvest year round.

**a guide to rewilding:** *Effective Conservation* Ignacio Jiménez, 2022-03-17 For most, "conservation" conjures the notion of minimizing human presence on wildlands to avoid harmful impacts. But too often, this defensive approach has pitted local communities against conservationists, wasting opportunities for collaboration and setting the stage for ongoing conflict. One conservation approach turns that paradigm on its head, and instead connects conservation with the well-being of human communities, setting both up for success. Called "Full Nature," this approach—pioneered by conservationist Ignacio Jiménez—seeks to promote fully functional natural landscapes that are tied to the basic needs of the communities in their midst. They become a self-sustaining cycle, where nature and people are integrated ecologically, socially, and politically. *Effective Conservation* is based on Jiménez's experience managing conservation projects on three continents over thirty years. Jiménez offers a pragmatic approach to conservation that puts the focus on working with people—neighbors, governments, politicians, businesses, media—to ensure they have a long-term stake in protecting and restoring parks and wildlife. Jiménez guides readers through the practical considerations of designing, analyzing, and managing effective conservation programs. Chapters explore intelligence gathering, communication, planning, conflict management, and evaluation techniques, and include numerous text boxes showcasing examples of successful conservation projects from all continents. A companion website ([islandpress.org/effective-conservation](http://islandpress.org/effective-conservation)) includes additional case studies, expanded texts, and links to additional resources. This highly readable manual, newly translated into English after successful Spanish and Portuguese editions, provides a groundbreaking and time-proven formula for successful conservation projects around the world that bring together parks, people, and nature.

**a guide to rewilding: Strange Natures** Kent H. Redford, William M. Adams, 2021-06-22 A groundbreaking examination of the implications of synthetic biology for biodiversity conservation. Nature almost everywhere survives on human terms. The distinction between what is natural and what is human-made, which has informed conservation for centuries, has become blurred. When scientists can reshape genes more or less at will, what does it mean to conserve nature? The tools of synthetic biology are changing the way we answer that question. Gene editing technology is already transforming the agriculture and biotechnology industries. What happens if synthetic biology is also used in conservation to control invasive species, fight wildlife disease, or even bring extinct species back from the dead? Conservation scientist Kent Redford and geographer Bill Adams turn to synthetic biology, ecological restoration, political ecology, and de-extinction studies and propose a thoroughly innovative vision for protecting nature.

**a guide to rewilding: We Are the ARK** Mary Reynolds, 2022-10-25 "Reynolds gives us a much-needed reason for hope. The gardener, the conservationist, the city planner, and the nature lover will all be inspired for this wonderful book shows how thousands of even small wildlife friendly gardens can provide habitat for embattled wildlife around the world." —Jane Goodall, Phd, DBE, Founder of the Jane Goodall Institute & UN Messenger of Peace Individuals can't save the world

alone. But if millions of us work together to save our own patch of earth—then we really have a shot. How do we do it? With Acts of Restorative Kindness (ARK). An ARK is a restored, native ecosystem. It's a thriving patch of native plants and creatures that have been allowed and supported to re-establish in the earth's intelligent, successional process of natural restoration. Over time, this becomes a pantry and a habitat for our pollinators and wild creatures who are in desperate need of support. These ARKs will become the seeding grounds for our planet's new story. They will be sanctuaries for our shared kin—the rooted and unrooted—and safe havens for the magic and abundance of the natural world. Most importantly, the ARK-building actions are within our control and laid out here in *We Are the ARK*. In these inspiring pages, discover how one person's actions can effect big change in this world. Even the tiniest postage stamp patch of land matters! Together we are building a patchwork quilt of life that will wrap its way around this planet.

**a guide to rewilding: *Rewilding the Urban Soul*** Claire Dunn, 2021-06-01 We're a famously nature-loving nation, yet 86 per cent of Australians call the city home. Amid the concrete and the busyness, how can we also answer the call of the wild? Once upon a time, a burnt-out Claire Dunn spent a year living off the grid in a wilderness survival program. Yet love and the possibilities of human connection drew her back to the city, where she soon found herself as overscheduled, addicted to her phone, and lost in IKEA as the rest of us. Given all the city offers — comfort, convenience, community, and opportunity — she wants to stay. But to do so, she'll have to learn how to rewild her own urban soul. Join Claire as she sits by and swims in the brown waters of the Yarra River, forages for undomesticated food in the suburbs, and explores many other practices in a quest for connection. To make our human hearts whole, she realises, we've all got to pay attention and learn to belong to our cities — our land. This is where change begins. For ourselves and for the world.

**a guide to rewilding: *Regeneration*** Andrew Painting, 2021-05-26 In 1995 the National Trust for Scotland acquired Mar Lodge Estate in the heart of the Cairngorms. Home to over 5,000 species, this vast expanse of Caledonian woodlands, subarctic mountains, bogs, moors, roaring burns and frozen lochs could be a place where environmental conservation and Highland field sports would exist in harmony. The only problem was that due to centuries of abuse by human hands, the ancient Caledonian pinewoods were dying, and it would take radical measures to save them. After 25 years of extremely hard work, the pinewoods, bogs, moors and mountains are returning to their former glory. *Regeneration* is the story of this success, featuring not only the people who are protecting the land and quietly working to undo the wrongs of the past, but also the myriad creatures which inspire them to do so. In addition, it also tackles current controversies such as raptor persecution, deer management and rewilding and asks bigger questions about the nature of conservation itself: what do we see when we look at our wild places? What should we see?

**a guide to rewilding: *Rootbound*** Alice Vincent, 2020-01-30 'Breathtakingly beautiful' i 'Tender and wholehearted' Helen Jukes **LONGLISTED FOR THE WAINWRIGHT PRIZE A BEST BOOK OF THE YEAR IN FINANCIAL TIMES AND I** When she suddenly finds herself uprooted, heartbroken, grieving and living out of a suitcase in her late twenties, Alice Vincent begins planting seeds. She nurtures pot plants and vines on windowsills and draining boards, filling her many temporary London homes with green. As the months pass, and with each unfurling petal and budding leaf, she begins to come back to life. Mixing memoir, botanical history and biography, *Rootbound* examines how bringing a little bit of the outside in can help us find our feet in a world spinning far too fast.

**a guide to rewilding: *Rebugging the Planet*** Vicki Hird, 2021-09-16 This is a lovely little book that could and should have a big impact...Let's all get rebugging right away!—Hugh Fearnley-Whittingstall Meet the intelligent insects, marvelous minibeasts, and inspirational invertebrates that help shape our planet—and discover how you can help them help us by rebugging your attitude today! Remember when there were bugs on your windshield? Ever wonder where they went? We need to act now if we are to help the insects survive. Robin Wall Kimmerer, David Attenborough, and Elizabeth Kolbert are but a few voices championing the rewilding of our world. *Rebugging the Planet* explains how we are headed toward “insectageddon” with a rate of insect

extinction eight times faster than that of mammals or birds, and gives us crucial information to help all those essential creepy-crawlies flourish once more. Author Vicki Hird passionately demonstrates how insects and invertebrates are the cornerstone of our global ecosystem. They pollinate plants, feed birds, support and defend our food crops, and clean our water systems. They are also beautiful, inventive, and economically invaluable—bees, for example, contribute an estimated \$235 to \$577 billion to the US economy annually, according to Forbes. *Rebugging the Planet* shows us small changes we can make to have a big impact on our littlest allies: Learn how to rewild parks, schools, sidewalks, roadsides, and other green spaces. Leave your garden to grow a little wild and plant weedkiller-free, wildlife-friendly plants. Take your kids on a minibeast treasure hunt and learn how to build bug palaces. Make bug-friendly choices with your food and support good farming practices. Begin to understand how reducing inequality and poverty will help nature and wildlife too—it's all connected. So do your part and start rebugging today! The bees, ants, earthworms, butterflies, beetles, grasshoppers, ladybugs, snails, and slugs will thank you—and our planet will thank you too.

**a guide to rewilding: Rewilding Agricultural Landscapes** H. Scott Butterfield, T. Rodd Kelsey, Abigail K. Hart, 2021-04-08 As the world population grows, so does the demand for food, putting unprecedented pressure on agricultural lands. In many desert dryland regions, however, intensive cultivation is causing their productivity to decline precipitously. Rewilding the least productive of these landscapes offers a sensible way to reverse the damage, recover natural diversity, and ensure long-term sustainability of remaining farms and the communities they support. This accessibly written, groundbreaking contributed volume is the first to examine in detail what it would take to retire eligible farmland and restore functioning natural ecosystems. The lessons in *Rewilding Agricultural Landscapes* will be useful to conservation leaders, policymakers, groundwater agencies, and water managers looking for inspiration and practical advice for solving the complicated issues of agricultural sustainability and water management.

**a guide to rewilding: The Wolf Border** Sarah Hall, 2015-06-09 From the award-winning author of *Burntcoat* and *The Electric Michelangelo*, one of the most decorated young British writers working today, comes a literary masterpiece: a breathtaking work that beautifully and provocatively surveys the frontiers of the human spirit and our animal drives. For almost a decade, zoologist Rachel Caine has lived a solitary existence far from her estranged family in England, monitoring wolves in a remote section of Idaho as part of a wildlife recovery program. But a surprising phone call takes her back to the peat and wet light of the Lake District where she grew up. The eccentric Earl of Annerdale has a controversial scheme to reintroduce the Grey Wolf to the English countryside, and he wants Rachel to spearhead the project. Though she's skeptical, the earl's lands are close to the village where she grew up, and where her aging mother now lives. While the earl's plan harks back to an ancient idyll of untamed British wilderness, Rachel must contend with modern-day realities—health and safety issues, public anger and fear, cynical political interests. But the return of the Grey unexpectedly sparks her own regeneration. Exploring the fundamental nature of wilderness and wildness, *The Wolf Border* illuminates both our animal nature and humanity: sex, love, conflict, and the desire to find answers to the question of our existence—the emotions, desires, and needs that rule our lives.

**a guide to rewilding: A New Garden Ethic** Benjamin Vogt, 2017-09-01 In a time of climate change and mass extinction, how we garden matters more than ever: "An outstanding and deeply passionate book." —Marc Bekoff, author of *The Emotional Lives of Animals* Plenty of books tell home gardeners and professional landscape designers how to garden sustainably, what plants to use, and what resources to explore. Yet few examine why our urban wildlife gardens matter so much—not just for ourselves, but for the larger human and animal communities. Our landscapes push aside wildlife and in turn diminish our genetically programmed love for wildness. How can we get ourselves back into balance through gardens, to speak life's language and learn from other species? Benjamin Vogt addresses why we need a new garden ethic, and why we urgently need wildness in our daily lives—lives sequestered in buildings surrounded by monocultures of lawn and concrete that significantly harm our physical and mental health. He examines the psychological issues around

climate change and mass extinction as a way to understand how we are short-circuiting our response to global crises, especially by not growing native plants in our gardens. Simply put, environmentalism is not political; it's social justice for all species marginalized today and for those facing extinction tomorrow. By thinking deeply and honestly about our built landscapes, we can create a compassionate activism that connects us more profoundly to nature and to one another.

**a guide to rewilding: *Rewilding the Way*** Todd Wynward, 2015-09-01 [Get a free chapter here.](#) When did we become so tame? How has “the good life” come to mean addiction to screens and status, fossil fuels and financial fitness? Can we break free to become the joyful and prophetic people God calls us to be? Trek along with wilderness guide Todd Wynward as he “rewilds” the Jesus Way. Seek the feral foundations of Scripture and the lessons that the prophets and disciples gleaned from wilderness testing. Packed with inspiring stories of how contemporary people and groups are caring for the land and each other, *Rewilding the Way* issues a call to action. Read about how reskilling and local food covenants are transforming churches, and how place-based activism and creative housing are nurturing communities. Learn from those who are recovering from affluenza, replacing visions of personal wealth with the commonwealth of the earth and restoring their humble place in the community of creation. Do you despair about life on our changing planet? Join the hopeful band of seekers of God and makers of change who are rewilding the Way. Watch an interview with author Todd Wynward:

**a guide to rewilding: *Missing Microbes*** Martin J. Blaser, MD, 2014-04-08 “In *Missing Microbes*, Martin Blaser sounds [an] alarm. He patiently and thoroughly builds a compelling case that the threat of antibiotic overuse goes far beyond resistant infections.”—Nature Renowned microbiologist Dr. Martin J. Blaser invites us into the wilds of the human microbiome, where for hundreds of thousands of years bacterial and human cells have existed in a peaceful symbiosis that is responsible for the equilibrium and health of our bodies. Now this invisible Eden is under assault from our overreliance on medical advances including antibiotics and caesarian sections, threatening the extinction of our irreplaceable microbes and leading to severe health consequences. Taking us into the lab to recount his groundbreaking studies, Blaser not only provides elegant support for his theory, he guides us to what we can do to avoid even more catastrophic health problems in the future. “*Missing Microbes* is science writing at its very best—crisply argued and beautifully written, with stunning insights about the human microbiome and workable solutions to an urgent global crisis.”—David M. Oshinsky, author of the Pulitzer Prize-winning *Polio: An American Story*

**a guide to rewilding: *Earth Almanac*** Ken Keffer, 2020-03-23 Outdoor Writers Association of America Excellence in Craft Award Winner *Earth Almanac* presents the greatest hits of North American nature! Structured around phenology, which is the study of seasonal patterns in nature, the day-by-day descriptions offer insight into activities and connections throughout the natural world. Beginning with the Winter Solstice in December, *Earth Almanac* highlights a wide range of natural history, including mammals, birds, fish, reptiles, insects, intertidal and marine life, trees, plants, fungi, weather phenomenon, geology, astronomy, notable environmental activists, and more, and reveals the ebb and flow of nature across the planet. Each season features more than 90 entries, and sidebars throughout provide calls to environmental action, citizen science opportunities, and details on special dates or holidays. The book can be enjoyed one day, month, or season at a time--dip in and out as you observe the world around you.

**a guide to rewilding: *Rewilding Yourself*** Paul Francis, 2018-12-17 *Rewilding Yourself* is an in-depth and comprehensive guide dedicated to shamanic lower-world practices. Eye-opening and full of life-changing insights, it also provides a practical, step-by-step guide to reconnecting to the sacredness of the earth and to rediscovering the deep, wild and connected roots of your own, true soul.

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